

## ABSTRACT OF THE DISCLOSURE

A sealed face mask. The face mask may be a common paper face mask or a more technically complex gas mask. The face mask includes a periphery. The periphery includes a seal that surrounds the nostrils and the mouth and that sticks to the skin of the face. The adhesive of the seal may be a skin friendly adhesive or a skin unfriendly adhesive. With the skin unfriendly adhesive, the adhesive includes a strength sufficient to remove a first layer of skin from the face when the seal is pulled from the face. The seal includes a strip that may be elastomeric. The periphery of the face mask may be elastomeric. The face mask includes a neutralizing agent to minimize harmful effects of substances passing through the face mask. Further disclosed is a method for fixing the face mask to the face. Also disclosed are sealing strips for the lower ends of the legs of a pair of pants, sealing strips of the outer ends of the sleeves of a shirt, and sealing strips for other articles of clothing.